

# Maine Youth Suicide Prevention Program

[www.mainesuicideprevention.org](http://www.mainesuicideprevention.org)

## Educational Programs At A Glance

### Gatekeeper Training

A full-day training for adults in school and community settings designed to 1) provide up-to-date information about suicide; 2) teach basic suicide intervention skills; 3) increase personal confidence and ability to effectively respond to suicidal behavior; and 4) identify helpful resources.

### Training-of-Trainers

#### *Learn to Present a Youth Suicide Prevention Awareness Session*

A 3.5 hour program available to those “gatekeepers” willing to facilitate 60 or 90 minute suicide prevention awareness sessions for co-workers and/or other community members. Easy-to-use packaged materials are provided. (*Gatekeeper training is a pre-requisite before enrolling in this training.*)

### Lifelines Teacher Training

#### *Learn How to Teach Youth About Suicide Prevention*

A full-day training program for health educators and others who will implement Lifeline student suicide prevention lessons in the school health curriculum. These lessons are aligned with Maine Learning Results Health Education Standards. They are part of a research-based, field-tested program that has been evaluated in Maine. (*Gatekeeper training is a prerequisite before enrolling in this training.*)

### Suicide Prevention Protocol Development Workshop

The likelihood of schools or youth serving agencies encountering a suicidal youth is real and few events are more painful or potentially disruptive. Protocols provide guidance on steps to take in order to safely assist youth and staff by providing them with direction, structure and support. This workshop is appropriate for schools and social service providers. *The value of the workshop will be greatly increased if each school or agency sends a minimum of 2-3 key staff (i.e. administrators, social workers, school nurses, guidance counselors, school resource officers, etc).*

### Suicide Assessment for Clinicians

Suicide Assessment for Clinicians is a day-long workshop designed to prepare a new or seasoned therapist to understand the risk of suicide in a variety of populations and how to approach and complete an effective suicide risk assessment

### New Developments in Understanding & Treating Non-Suicidal Self-Injury October 16, 2009

This presentation will focus on understanding, managing and treating diverse forms of self-injury including arm and body cutting, self-inflicted burning, and excoriation of wounds. Self-injury will be distinguished from suicidal behavior in terms of a number of key characteristics. Eight levels of care in the management and treatment of self-injury will be reviewed.

### Beyond the Basics of Suicide Prevention Conference April 9, 2010

This will be our sixth annual advanced level training. It will include a choice of tracks addressing important aspects of suicide prevention such as grief, clinical intervention, etc.

**For More Information See Reverse Side.**

# Registration Form—2009-2010

**Advance registration is required. Program enrollment is strictly limited.**

*If possible, please register online at: [www.mcdregistration.org](http://www.mcdregistration.org)*

**Register On-line:** [www.mcdregistration.org](http://www.mcdregistration.org)

**Fax:** (207) 622-3616 then promptly mail with payment:

**Mail Form** Medical Care Development  
Attn: Joanne De Campos  
11 Parkwood Drive  
Augusta, ME 04330

Name \_\_\_\_\_

Job Title \_\_\_\_\_

School/  
Organization \_\_\_\_\_

Work Address \_\_\_\_\_

Work# \_\_\_\_\_ Home# \_\_\_\_\_  
(used for cancellations)

Fax: \_\_\_\_\_

Email: \_\_\_\_\_  
(used for registration confirmation & participant list)

**Registration Questions? Call or E-mail:**  
Joanne De Campos (207) 622-7566, ext. 202  
[jdecampos@mcd.org](mailto:jdecampos@mcd.org)

## Payment

- ☐ Check \$ \_\_\_\_\_ payable to MCD enclosed  
☐ Charge \$ \_\_\_\_\_ to ☐ MasterCard or ☐ Visa

Card Number \_\_\_\_\_

3-digit v-code (on back of credit card) \_\_\_\_\_

Expiration Date \_\_\_\_\_

Signature \_\_\_\_\_

**For more information** on any of our conferences or trainings go to:

<http://www.mcdregistration.org/registrations.asp>

## PLEASE NOTE:

1. Temperatures may vary at training facilities. dress accordingly.
2. Other trainings will be scheduled throughout the year. It is recommended that you check the website for additional dates.

[www.maine-suicideprevention.org](http://www.maine-suicideprevention.org)

## Gatekeeper Trainings ~ \$50

- | <u>Date</u>                           | <u>Town</u>  |
|---------------------------------------|--------------|
| <input type="checkbox"/> August 18    | Augusta      |
| <input type="checkbox"/> September 24 | Machias      |
| <input type="checkbox"/> October 29   | Presque Isle |
| <input type="checkbox"/> December 3   | Bangor       |
| <input type="checkbox"/> February 11  | Portland     |
| <input type="checkbox"/> March 11     | Biddeford    |
| <input type="checkbox"/> May 4        | Lewiston     |

## Training of Trainers ~ \$30

- | <u>Date</u>                          | <u>Town</u> |
|--------------------------------------|-------------|
| <input type="checkbox"/> August 19   | Augusta     |
| <input type="checkbox"/> December 15 | Bangor      |
| <input type="checkbox"/> March 24    | Portland.   |
| <input type="checkbox"/> May 11      | Augusta     |

## Lifelines Teacher Trainings ~ \$50

- | <u>Date</u>                         | <u>Town</u> |
|-------------------------------------|-------------|
| <input type="checkbox"/> November 4 | Augusta     |
| <input type="checkbox"/> January 26 | Bangor      |
| <input type="checkbox"/> March 30   | Portland    |

## Protocol Development ~ \$30

- | <u>Date</u>                          | <u>Town</u> |
|--------------------------------------|-------------|
| <input type="checkbox"/> November 13 | Augusta     |
| <input type="checkbox"/> February 3  | Portland    |
| <input type="checkbox"/> April 27    | Bangor      |

## Suicide Assessment for Clinicians—\$60

- | <u>Date</u>                          | <u>Town</u> |
|--------------------------------------|-------------|
| <input type="checkbox"/> September 4 | Lewiston    |
| <input type="checkbox"/> October 23  | Bangor      |
| <input type="checkbox"/> November 20 | Belfast     |
| <input type="checkbox"/> March 26    | Augusta     |
| <input type="checkbox"/> April 23    | Brunswick   |
| <input type="checkbox"/> May 14      | Portland    |

## Understanding Self-Injury - Barent Walsh— \$75

- | <u>Date</u>                         | <u>Town</u> |
|-------------------------------------|-------------|
| <input type="checkbox"/> October 16 | Portland    |

## Beyond the Basics of Suicide Prevention—\$75

- | <u>Date</u>                      | <u>Town</u> |
|----------------------------------|-------------|
| <input type="checkbox"/> April 9 | Augusta     |

## Confirmation & Cancellation

Confirmation and directions to the location will be sent approximately one week prior to the program. Look for them! We cancel if registrations number fewer than 15 or in the event of a major storm. We will make an effort to contact you. For information on cancellations call Joanne @ 622-7566, ext. 202.